Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_/\_\_\_\_\_\_/20\_\_\_\_\_\_\_

The Alcohol Use Disorders Identification Test (AUDIT)

**1. How often do you have a drink containing alcohol?**

1. Never (Skip to Questions 9-10)
2. Monthly or less
3. 2 to 4 times a month
4. 2 to 3 times a week
5. 4 or more times a week

**2. How many drinks containing alcohol do you have on a typical day when you are drinking?**

(0) 1 or 2

(1) 3 or 4

1. 5 or 6
2. 7, 8, or 9
3. 10 or more

**3. How often do you have six or more drinks on one occasion?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**4. How often during the last year have you found that you were not able to stop drinking once you had started?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**5. How often during the last year have you failed to do what was normally expected from you because of drinking?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**6. How often during the last year have you been unable to remember what happened the night before because you had been drinking?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**7. How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**8. How often during the last year have you had a feeling of guilt or remorse after drinking?**

1. Never
2. Less than monthly
3. Monthly
4. Weekly
5. Daily or almost daily

**9. Have you or someone else been injured as a result of your drinking?**

(0) No

(2) Yes, but not in the last year

(4) Yes, during the last year

**10. Has a relative, friend, doctor, or another health professional expressed concern about your drinking or suggested you cut down?**

(0) No

(2) Yes, but not in the last year

(4) Yes, during the last year

Add up the points associated with answers. A total score of 8 or more indicates harmful drinking behavior.